

Want to Make it a Meal? It's a Better Deal!

Grades PreK-5

What can I get for only \$2.65?!?!

What does a meal consist of?

1. 1 entrée

What is an entrée?

An entrée consists of bread and meat. On your lunch menu, each item listed is an "entrée".

Salad w/a Roll, a Piece of Pizza, a Chicken Patty, a Cheeseburger or Specialty Sandwich, A Peanut Butter & Jelly, Chicken Tenders w/Roll, Macaroni & Cheese, Meatball Sub or Grilled Cheese

2. 1 or 2 veggies

What veggies can I take?

You can take 1 or 2 servings of a vegetable.

A serving is a scoop or a cupped portion.

You can find veggies at every station, baby carrots, celery sticks, mini salads & lots of hot veggies, such as potatoes, broccoli or green beans are available.

3. 1 fruit

What fruits can I take?

You can take 1 serving of fruit.

A serving size is a scoop or a piece of a whole fruit.

4. 1 milk

One milk comes with your meal.

