

Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

Page 1

Generated on: 4/27/2017 8:43:09 AM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 05/01/2017													
Lunch-6 thru 8 -OFFER VS	Total												
SAND HOT OPEN FACED TURKEY:C	1 sandwich	248	32	1070	6.00	1.44	1.8	*7	0.0	22.99	35.85	3.51	0.00
POTATO MASHED:instant	#8 scoop	90	0	96	1.63	0.29	19.1	4	7.32	1.63	17.09	1.22	0.81
PEARS DICED CND	1/2 CUP	60	0	10	2.00	0.00	0.0	60	0.0	0.0	14.0	0.0	0.00
SUB COLD CHICKEN SALAD: Second	1 sub	311	47	570	3.29	2.56	66.9	208	1.34	22.75	31.2	11.32	2.08
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD ENT Buffalo Chicken	1 each	201	40	1466	2.00	0.78	222.8	864	5.46	11.81	7.52	13.6	5.82
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
Sand Bkfst WG Chicken Biscuit	1 each	311	15	712	3.01	1.81	100.0	0	0.0	12.06	34.05	14.54	6.01
PANCAKES MINI BLUEBERRY	1 package	210	10	310	4.00	2.70	59.9	499	0.0	4.0	34.96	5.99	1.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		455	32	748	6.69	*2.30	*412.8	*2535	26.13	22.49	70.18	9.69	3.05
% of Calories										19.8%	61.7%	19.2%	6.0%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 05/02/2017													
Lunch-6 thru 8 -OFFER VS	Total												
SAND HOT BBQ PORK, Sysco	Sandwich	294	54	641	4.00	2.54	26.0	90	0.4	16.74	32.15	12.2	3.70
Cole Slaw	.5 cup	170	10	170	2.00	0.36	40.0	750	4.8	1.0	16.0	12.0	2.50
CARROTS GLAZED Clarke	1/2 cup	42	0	240	2.05	0.40	22.3	7009	1.21	1.03	8.75	0.01	0.00
APPLESAUCE CND	1/2 cup	50	0	10	2.00	0.00	0.0	40	60.0	0.0	13.0	0.0	0.00
SUB COLD CHICKEN SALAD: Second	1 sub	311	47	570	3.29	2.56	66.9	208	1.34	22.75	31.2	11.32	2.08
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD ENT Buffalo Chicken	1 each	201	40	1466	2.00	0.78	222.8	864	5.46	11.81	7.52	13.6	5.82
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Breakfast - 6-8 OFFER VS S	Total												
SAND BK Muffin Sausage Cheese	1 sandwich	227	41	430	3.00	2.24	360.3	119	0.0	13.49	23.58	8.83	3.22
FRENCH TOAST MINI ORIGINAL	1 package	210	0	240	4.00	2.70	99.9	499	0.0	4.0	36.96	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		467	39	703	6.23	*2.64	*442.7	*4082	26.08	21.41	66.66	13.19	4.00
% of Calories										18.3%	57.1%	25.4%	7.7%
Nutrient Guideline		503-627		991									<10.00

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Wed - 05/03/2017													
Lunch-6 thru 8 -OFFER VS	Total												
NACHOS, Supreme Beef w/Rice	1 each	427	50	1037	5.18	*0.91	*207.4	*586	*1.54	17.93	51.91	16.25	7.00
BEANS REFRIED Mexican:veg	1/2 cup	58	0	139	4.03	0.79	22.0	32	0.0	3.3	10.65	0.0	0.00
LETTUCE SHRED	1/2 cup	5	0	4	0.56	0.20	7.6	131	1.55	0.4	0.83	0.08	0.01
CORN:from frozen	1/2 cup	85	0	0	1.70	0.31	0.0	85	5.1	2.55	16.16	0.85	0.00
PEARS DICED CND	1/2 CUP	60	0	10	2.00	0.00	0.0	60	0.0	0.0	14.0	0.0	0.00
SUB COLD CHICKEN SALAD: Second	1 sub	311	47	570	3.29	2.56	66.9	208	1.34	22.75	31.2	11.32	2.08
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
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SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD ENT Buffalo Chicken	1 each	201	40	1466	2.00	0.78	222.8	864	5.46	11.81	7.52	13.6	5.82
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Breakfast - 6-8 OFFER VS S	Total												
Cinnamon Bun WG	1 each	236	5	140	3.09	1.01	20.4	450	0.38	5.0	50.5	1.0	0.50
Parfait, Blueberry/Strawberry	1 each	243	2	109	3.03	0.72	115.2	533	27.36	5.29	50.52	3.4	0.78
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		483	34	708	7.08	*2.18	*454.4	*2708	*26.84	21.59	74.06	11.11	3.97
% of Calories										17.9%	61.4%	20.7%	7.4%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 05/04/2017													
Lunch-6 thru 8 -OFFER VS	Total												
CORN DOG CHICKEN MINI	6 PCS. EAC	275	41	417	5.09	1.83	152.6	0	0.0	10.18	30.53	12.21	3.56
BROCCOLI TREES:blanched	1/2 cup	15	0	15	1.14	0.32	20.9	274	39.25	1.24	2.92	0.16	0.02
PINEAPPLE TIDBITS CND	1/2 CUP	68	0	0	0.96	0.35	0.0	72	20.25	0.0	15.43	0.0	0.00
SUB COLD CHICKEN SALAD: Second	1 sub	311	47	570	3.29	2.56	66.9	208	1.34	22.75	31.2	11.32	2.08
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD ENT Buffalo Chicken	1 each	201	40	1466	2.00	0.78	222.8	864	5.46	11.81	7.52	13.6	5.82
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
PIZZA BRKFST SAUSAGE WG:K12	1 slice	210	15	480	2.00	1.80	100.0	200	0.0	9.0	26.0	8.0	2.00
WAFFLES MINI MAPLE	1 package	200	0	220	3.99	2.69	99.8	499	0.0	3.99	34.93	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
Hash Brown	1 each	130	*N/A*	240	2.00	0.00	0.0	0	2.4	1.0	15.0	7.0	0.50
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		490	*33	671	6.90	*2.53	*449.3	*2621	38.86	20.20	72.28	13.30	3.60
% of Calories										16.5%	59.0%	24.4%	6.6%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 05/05/2017													
Lunch-6 thru 8 -OFFER VS	Total												
SAND HOT OPEN FACED TURKEY:C	1 sandwich	248	32	1070	6.00	1.44	1.8	*7	0.0	22.99	35.85	3.51	0.00
POTATO MASHED:instant	#8 scoop	90	0	96	1.63	0.29	19.1	4	7.32	1.63	17.09	1.22	0.81
PEARS DICED CND	1/2 CUP	60	0	10	2.00	0.00	0.0	60	0.0	0.0	14.0	0.0	0.00
SUB COLD CHICKEN SALAD: Second	1 sub	311	47	570	3.29	2.56	66.9	208	1.34	22.75	31.2	11.32	2.08
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD ENT Buffalo Chicken	1 each	201	40	1466	2.00	0.78	222.8	864	5.46	11.81	7.52	13.6	5.82
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		570	41	1142	8.97	*2.66	469.0	*2057	12.66	32.80	80.55	13.53	4.00
% of Calories										23.0%	56.5%	21.4%	6.3%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 05/08/2017													
Lunch-6 thru 8 -OFFER VS	Total												
Chicken Sticks, Tyson	1 each	200	70	400	0.00	1.80	20.0	100	0.0	15.0	10.0	11.0	2.50
BEANS BAKED:heated from can	1/2 cup	138	0	585	5.32	1.91	42.5	53	0.0	7.44	30.83	0.0	0.00
PEACHES DICED CND	1/2 CUP	50	0	10	0.00	0.00	0.0	300	1.2	0.0	11.99	0.0	0.00
Sub, Turkey & Cheese K-8	1 each	274	38	914	4.00	1.44	169.2	448	0.0	19.97	29.29	10.85	5.97
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD FT CRISPY CHICKEN:Clarke	1 salad	145	41	246	1.71	0.99	124.0	746	5.91	9.97	6.78	8.62	3.43
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
Sand Bkfst WG Chicken Biscuit	1 each	311	15	712	3.01	1.81	100.0	0	0.0	12.06	34.05	14.54	6.01
PANCAKES MINI BLUEBERRY	1 package	210	10	310	4.00	2.70	59.9	499	0.0	4.0	34.96	5.99	1.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		451	39	695	5.69	*2.69	*420.7	*2630	25.00	21.99	67.18	10.84	3.39
% of Calories										19.5%	59.6%	21.7%	6.8%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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Tue - 05/09/2017													
Lunch-6 thru 8 -OFFER VS	Total												
SAND BKFST MUFFIN Ham & Cheese	1 sandwich	245	35	855	3.00	2.14	600.7	239	0.0	14.03	25.17	9.67	4.96
BEANS GREEN	1/2 CUP	22	0	0	1.50	0.27	45.0	75	2.7	0.75	3.75	0.0	0.00
PEARS DICED CND	1/2 CUP	60	0	10	2.00	0.00	0.0	60	0.0	0.0	14.0	0.0	0.00
Sub, Turkey & Cheese K-8	1 each	274	38	914	4.00	1.44	169.2	448	0.0	19.97	29.29	10.85	5.97
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD FT CRISPY CHICKEN:Clarke	1 salad	145	41	246	1.71	0.99	124.0	746	5.91	9.97	6.78	8.62	3.43
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
SAND BK Muffin Sausage Cheese	1 sandwich	227	41	430	3.00	2.24	360.3	119	0.0	13.49	23.58	8.83	3.22
FRENCH TOAST MINI ORIGINAL	1 package	210	0	240	4.00	2.70	99.9	499	0.0	4.0	36.96	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		435	33	650	6.08	*2.45	*553.1	*2603	25.21	20.55	64.90	10.21	3.76
% of Calories										18.9%	59.7%	21.1%	7.8%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 05/10/2017													
Lunch-6 thru 8 -OFFER VS	Total												
SAND GRILLED CHEESE:Clarke	1 sandwich	329	45	762	6.00	1.76	1041.3	*477	0.0	15.97	32.31	17.31	8.90
SOUP TOMATO	1/2 cup	90	0	483	1.00	0.72	1.8	401	6.01	2.0	20.03	0.0	0.00
CARROTS:oven	1/2 cup	10	0	22	0.82	0.26	9.1	3909	0.75	0.18	2.31	0.03	0.01
APPLESAUCE w/CINNAMON	each	137	0	12	3.12	0.11	12.4	143	0.05	0.07	33.83	0.13	0.09
Sub, Turkey & Cheese K-8	1 each	274	38	914	4.00	1.44	169.2	448	0.0	19.97	29.29	10.85	5.97
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD FT CRISPY CHICKEN:Clarke	1 salad	145	41	246	1.71	0.99	124.0	746	5.91	9.97	6.78	8.62	3.43
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
Cinnamon Bun WG	1 each	236	5	140	3.09	1.01	20.4	450	0.38	5.0	50.5	1.0	0.50
Parfait, Blueberry/Strawberry	1 each	243	2	109	3.03	0.72	115.2	533	27.36	5.29	50.52	3.4	0.78
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		453	33	706	6.14	*2.34	*616.0	*3495	27.54	20.82	68.46	11.21	4.35
% of Calories									18.4%	60.5%	22.3%		8.6%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 05/11/2017													
Lunch-6 thru 8 -OFFER VS	Total												
PASTA PENNE BAKED ZITI:Clarke	1 cup	368	56	902	6.71	*3.33	*314.3	*304	*3.01	23.55	38.86	14.47	7.62
BREAD, BREADSTICK	breadstick	80	0	100	2.00	0.37	6.5	0	0.0	3.0	15.0	1.0	0.00
BROCCOLI TREES:blanched	1/2 cup	15	0	15	1.14	0.32	20.9	274	39.25	1.24	2.92	0.16	0.02
PINEAPPLE TIDBITS CND	1/2 CUP	68	0	0	0.96	0.35	0.0	72	20.25	0.0	15.43	0.0	0.00
Sub, Turkey & Cheese K-8	1 each	274	38	914	4.00	1.44	169.2	448	0.0	19.97	29.29	10.85	5.97
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD FT CRISPY CHICKEN:Clarke	1 salad	145	41	246	1.71	0.99	124.0	746	5.91	9.97	6.78	8.62	3.43
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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Breakfast - 6-8 OFFER VS S	Total												
PIZZA BRKFST SAUSAGE WG:K12	1 slice	210	15	480	2.00	1.80	100.0	200	0.0	9.0	26.0	8.0	2.00
WAFFLES MINI MAPLE	1 package	200	0	220	3.99	2.69	99.8	499	0.0	3.99	34.93	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
Hash Brown	1 each	130	*N/A*	240	2.00	0.00	0.0	0	2.4	1.0	15.0	7.0	0.50
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		523	*36	770	7.63	*2.89	*482.3	*2683	*39.45	23.38	76.88	13.85	4.42
% of Calories										17.9%	58.8%	23.8%	7.6%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 05/12/2017													
Lunch-6 thru 8 -OFFER VS	Total												
Mozzarella Cheese Sticks	1 each	380	30	410	3.00	2.00	458.0	428	0.52	19.0	35.0	18.0	7.00
Potatoes,French Fries Seasoned	1/2 cup	96	0	38	1.71	0.68	15.2	9	8.68	2.17	19.88	1.7	0.43
FRUIT COCKTAIL CND	1/2 CUP	80	0	10	2.00	0.00	0.0	200	1.2	0.0	19.0	0.0	0.00
Sub, Turkey & Cheese K-8	1 each	274	38	914	4.00	1.44	169.2	448	0.0	19.97	29.29	10.85	5.97
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD FT CRISPY CHICKEN:Clarke	1 salad	145	41	246	1.71	0.99	124.0	746	5.91	9.97	6.78	8.62	3.43
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
Pancakes & Sausage on Stick	1 each	240	25	360	2.00	1.44	20.0	0	0.0	7.0	18.0	15.0	4.50
DONUT W/GLAZE	donut	332	0	300	2.81	0.70	14.0	73	0.0	5.0	42.76	16.0	7.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		495	31	578	6.16	*2.40	*499.3	*2655	26.83	21.68	72.51	13.33	4.65
% of Calories										17.5%	58.6%	24.2%	8.5%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 05/15/2017													
Lunch-6 thru 8 -OFFER VS	Total												
ENCHILADA SUIZA: Chicken	1 enchiladas	341	78	758	3.21	2.17	216.8	110	0.48	22.25	35.5	13.02	4.28
CHIP TORTILLA SCOOPS	1 bag	110	0	125	2.00	0.36	20.0	0	0.0	2.0	19.0	2.5	0.00
Vegetables, Mixed	4oz. scoop	37	0	30	1.50	0.27	0.0	938	2.7	0.75	8.25	0.0	0.00
PEACHES DICED CND	1/2 CUP	50	0	10	0.00	0.00	0.0	300	1.2	0.0	11.99	0.0	0.00
Sub, Italian K-8	1 each	350	61	1115	4.00	1.90	179.2	448	0.31	22.89	29.15	17.83	8.36
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD ENT BBQ Ranch Chicken	1 salad	315	76	865	1.96	2.05	16.6	650	6.51	23.14	12.5	17.68	4.92
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
Sand Bkfst WG Chicken Biscuit	1 each	311	15	712	3.01	1.81	100.0	0	0.0	12.06	34.05	14.54	6.01
PANCAKES MINI BLUEBERRY	1 package	210	10	310	4.00	2.70	59.9	499	0.0	4.0	34.96	5.99	1.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		485	42	695	5.97	*2.53	*453.5	*2806	25.65	22.77	71.64	11.99	3.81
% of Calories										18.8%	59.1%	22.3%	7.1%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 05/16/2017													
Lunch-6 thru 8 -OFFER VS	Total												
CORN DOG	1 corn dog	240	40	390	5.00	1.80	80.0	0	0.0	9.0	30.0	8.0	2.50
BEANS BAKED:heated from can	1/2 cup	138	0	585	5.32	1.91	42.5	53	0.0	7.44	30.83	0.0	0.00
PEARS DICED CND	1/2 CUP	60	0	10	2.00	0.00	0.0	60	0.0	0.0	14.0	0.0	0.00
Sub, Italian K-8	1 each	350	61	1115	4.00	1.90	179.2	448	0.31	22.89	29.15	17.83	8.36
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD ENT BBQ Ranch Chicken	1 salad	315	76	865	1.96	2.05	16.6	650	6.51	23.14	12.5	17.68	4.92
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
SAND BK Muffin Sausage Cheese	1 sandwich	227	41	430	3.00	2.24	360.3	119	0.0	13.49	23.58	8.83	3.22
FRENCH TOAST MINI ORIGINAL	1 package	210	0	240	4.00	2.70	99.9	499	0.0	4.0	36.96	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		461	35	687	7.24	*2.73	*447.4	*2549	24.68	21.15	71.34	10.13	3.33
% of Calories										18.4%	61.9%	19.8%	6.5%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 05/17/2017													
Lunch-6 thru 8 -OFFER VS	Total												
PIZZA FRENCH BREAD WG CHEESE	1 slice	290	20	600	3.00	2.70	250.0	750	3.6	17.0	33.0	11.0	4.50
CARROTS GLAZED Clarke	1/2 cup	42	0	240	2.05	0.40	22.3	7009	1.21	1.03	8.75	0.01	0.00
FRUIT COCKTAIL CND	1/2 CUP	80	0	10	2.00	0.00	0.0	200	1.2	0.0	19.0	0.0	0.00
Sub, Italian K-8	1 each	350	61	1115	4.00	1.90	179.2	448	0.31	22.89	29.15	17.83	8.36
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD ENT BBQ Ranch Chicken	1 salad	315	76	865	1.96	2.05	16.6	650	6.51	23.14	12.5	17.68	4.92
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
Cinnamon Bun WG	1 each	236	5	140	3.09	1.01	20.4	450	0.38	5.0	50.5	1.0	0.50
Parfait, Blueberry/Strawberry	1 each	243	2	109	3.03	0.72	115.2	533	27.36	5.29	50.52	3.4	0.78
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		459	29	637	6.14	*2.44	*459.2	*4139	27.50	21.06	71.16	10.21	3.53
% of Calories									18.3%	62.0%	20.0%		6.9%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 05/18/2017													
Lunch-6 thru 8 -OFFER VS	Total												
PASTA SPAG & MEAT SAUCE:oven	#6 scoop	318	35	950	6.26	3.97	63.5	522	8.01	19.43	38.79	8.99	3.54
BREAD, BREADSTICK	breadstick	80	0	100	2.00	0.37	6.5	0	0.0	3.0	15.0	1.0	0.00
BROCCOLI TREES:blanched	1/2 cup	15	0	15	1.14	0.32	20.9	274	39.25	1.24	2.92	0.16	0.02
ORANGE MANDARIN CND	1/2 CUP	63	0	9	0.00	0.32	17.9	268	18.78	0.0	15.2	0.0	0.00
Sub, Italian K-8	1 each	350	61	1115	4.00	1.90	179.2	448	0.31	22.89	29.15	17.83	8.36
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD ENT BBQ Ranch Chicken	1 salad	315	76	865	1.96	2.05	16.6	650	6.51	23.14	12.5	17.68	4.92
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
PIZZA BRKFST SAUSAGE WG:K12	1 slice	210	15	480	2.00	1.80	100.0	200	0.0	9.0	26.0	8.0	2.00
WAFFLES MINI MAPLE	1 package	200	0	220	3.99	2.69	99.8	499	0.0	3.99	34.93	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
Hash Brown	1 each	130	*N/A*	240	2.00	0.00	0.0	0	2.4	1.0	15.0	7.0	0.50
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		516	*33	796	7.28	*3.03	*435.7	*2778	40.05	22.83	76.90	13.01	3.67
% of Calories										17.7%	59.6%	22.7%	6.4%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 05/19/2017													
Lunch-6 thru 8 -OFFER VS	Total												
CHICKEN NUGGETS (5)	5 nuggets	250	55	540	2.00	2.70	20.0	100	1.2	16.0	18.0	13.0	2.50
Rice Krispy Treat	1 each	160	0	120	0.00	2.00	0.0	300	0.0	2.0	30.0	4.0	1.00
POTATO TATER TOTS	1/2 cup	130	0	310	2.00	0.00	0.0	0	3.6	2.0	16.0	6.0	1.00
PINEAPPLE TIDBITS CND	1/2 CUP	68	0	0	0.96	0.35	0.0	72	20.25	0.0	15.43	0.0	0.00
Sub, Italian K-8	1 each	350	61	1115	4.00	1.90	179.2	448	0.31	22.89	29.15	17.83	8.36
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD ENT BBQ Ranch Chicken	1 salad	315	76	865	1.96	2.05	16.6	650	6.51	23.14	12.5	17.68	4.92
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
Pancakes & Sausage on Stick	1 each	240	25	360	2.00	1.44	20.0	0	0.0	7.0	18.0	15.0	4.50
DONUT W/GLAZE	donut	332	0	300	2.81	0.70	14.0	73	0.0	5.0	42.76	16.0	7.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		508	37	693	5.74	*2.92	*407.5	*2611	31.23	21.72	73.44	14.24	4.13
% of Calories										17.1%	57.8%	25.2%	7.3%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 05/22/2017													
Lunch-6 thru 8 -OFFER VS	Total												
Sub, Steak & Cheese Secondary	1 each	294	42	891	3.00	1.80	86.7	7	0.0	18.01	33.04	10.96	3.29
BROCCOLI TREES:blanched	1/2 cup	15	0	15	1.14	0.32	20.9	274	39.25	1.24	2.92	0.16	0.02
APPLESAUCE CND	1/2 cup	50	0	10	2.00	0.00	0.0	40	60.0	0.0	13.0	0.0	0.00
SAND SUB TUNA Clarke K-8	1 sub	251	23	601	4.12	1.83	22.5	24	0.53	17.58	30.65	8.14	0.83
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
Salad - Chef Salad Clarke	1 Each	157	46	406	*0.92	1.09	236.8	5634	8.17	*12.69	3.94	10.35	5.39
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
Sand Bkfst WG Chicken Biscuit	1 each	311	15	712	3.01	1.81	100.0	0	0.0	12.06	34.05	14.54	6.01
PANCAKES MINI BLUEBERRY	1 package	210	10	310	4.00	2.70	59.9	499	0.0	4.0	34.96	5.99	1.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		445	33	678	*5.99	*2.38	*429.7	*2665	49.07	*21.37	66.46	10.86	3.52
% of Calories										*19.2%	59.8%	22.0%	7.1%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 05/23/2017													
Lunch-6 thru 8 -OFFER VS	Total												
Chicken Sticks, Tyson	1 each	200	70	400	0.00	1.80	20.0	100	0.0	15.0	10.0	11.0	2.50
BREAD, BREADSTICK	breadstick	80	0	100	2.00	0.37	6.5	0	0.0	3.0	15.0	1.0	0.00
Scalloped Potatoes	1 each	110	0	470	2.00	0.36	40.0	0	9.0	2.0	23.0	1.0	0.00
FRUIT COCKTAIL CND	1/2 CUP	80	0	10	2.00	0.00	0.0	200	1.2	0.0	19.0	0.0	0.00
SAND SUB TUNA Clarke K-8	1 sub	251	23	601	4.12	1.83	22.5	24	0.53	17.58	30.65	8.14	0.83
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
Salad - Chef Salad Clarke	1 Each	157	46	406	*0.92	1.09	236.8	5634	8.17	*12.69	3.94	10.35	5.39
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
SAND BK Muffin Sausage Cheese	1 sandwich	227	41	430	3.00	2.24	360.3	119	0.0	13.49	23.58	8.83	3.22
FRENCH TOAST MINI ORIGINAL	1 package	210	0	240	4.00	2.70	99.9	499	0.0	4.0	36.96	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		465	40	672	*5.97	*2.48	*438.1	*2680	26.84	*21.60	70.04	10.86	3.23
% of Calories										*18.6%	60.3%	21.0%	6.3%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 05/24/2017													
Lunch-6 thru 8 -OFFER VS	Total												
TACO TURKEY Soft: K-8	1 each	383	84	586	2.00	2.86	239.5	160	0.0	25.27	27.95	20.35	6.46
BEANS REFRIED Mexican:veg	1/2 cup	58	0	139	4.03	0.79	22.0	32	0.0	3.3	10.65	0.0	0.00
CORN:from frozen	1/2 cup	85	0	0	1.70	0.31	0.0	85	5.1	2.55	16.16	0.85	0.00
PEACHES DICED CND	1/2 CUP	50	0	10	0.00	0.00	0.0	300	1.2	0.0	11.99	0.0	0.00
SAND SUB TUNA Clarke K-8	1 sub	251	23	601	4.12	1.83	22.5	24	0.53	17.58	30.65	8.14	0.83
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
Salad - Chef Salad Clarke	1 Each	157	46	406	*0.92	1.09	236.8	5634	8.17	*12.69	3.94	10.35	5.39
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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Breakfast - 6-8 OFFER VS S	Total												
Cinnamon Bun WG	1 each	236	5	140	3.09	1.01	20.4	450	0.38	5.0	50.5	1.0	0.50
Parfait, Blueberry/Strawberry	1 each	243	2	109	3.03	0.72	115.2	533	27.36	5.29	50.52	3.4	0.78
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		486	41	600	*6.11	*2.59	*458.9	*2762	27.59	*23.41	71.68	11.97	3.83
% of Calories										*19.3%	59.1%	22.2%	7.1%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 05/25/2017													
Lunch-6 thru 8 -OFFER VS	Total												
CHICKEN BBQ BREAST Clarke	1 each	209	51	1513	0.00	2.58	0.0	256	0.0	17.83	17.4	7.12	2.04
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
CARROTS:oven	1/2 cup	10	0	22	0.82	0.26	9.1	3909	0.75	0.18	2.31	0.03	0.01
FRUIT MIXED TROPICAL	1/2 CUP	90	0	10	1.00	0.72	40.0	400	12.0	1.0	21.0	0.0	0.00
SAND SUB TUNA Clarke K-8	1 sub	251	23	601	4.12	1.83	22.5	24	0.53	17.58	30.65	8.14	0.83
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
Salad - Chef Salad Clarke	1 Each	157	46	406	*0.92	1.09	236.8	5634	8.17	*12.69	3.94	10.35	5.39
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
PIZZA BRKFST SAUSAGE WG:K12	1 slice	210	15	480	2.00	1.80	100.0	200	0.0	9.0	26.0	8.0	2.00
WAFFLES MINI MAPLE	1 package	200	0	220	3.99	2.69	99.8	499	0.0	3.99	34.93	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
Hash Brown	1 each	130	*N/A*	240	2.00	0.00	0.0	0	2.4	1.0	15.0	7.0	0.50
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		515	*35	901	*6.50	*2.93	*429.8	*3566	28.97	*23.11	76.57	12.75	3.37
% of Calories										*18.0%	59.5%	22.3%	5.9%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 05/26/2017													
Lunch-6 thru 8 -OFFER VS	Total												
SAND DoubleCheeseburger Clarke	1 burger	441	81	952	6.00	5.44	153.9	152	0.0	32.53	29.0	22.06	8.93
Potatoes,French Fries Seasoned	1/2 cup	96	0	38	1.71	0.68	15.2	9	8.68	2.17	19.88	1.7	0.43
FRUIT COCKTAIL CND	1/2 CUP	80	0	10	2.00	0.00	0.0	200	1.2	0.0	19.0	0.0	0.00
SAND SUB TUNA Clarke K-8	1 sub	251	23	601	4.12	1.83	22.5	24	0.53	17.58	30.65	8.14	0.83
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
Salad - Chef Salad Clarke	1 Each	157	46	406	*0.92	1.09	236.8	5634	8.17	*12.69	3.94	10.35	5.39
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
Pancakes & Sausage on Stick	1 each	240	25	360	2.00	1.44	20.0	0	0.0	7.0	18.0	15.0	4.50
DONUT W/GLAZE	donut	332	0	300	2.81	0.70	14.0	73	0.0	5.0	42.76	16.0	7.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		507	41	685	*6.75	*3.09	*438.9	*2681	26.77	*24.38	71.29	14.13	5.00
% of Calories										*19.2%	56.2%	25.1%	8.9%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 05/30/2017													
Lunch-6 thru 8 -OFFER VS	Total												
FRENCH TOAST STICKS Clarke	5 pc. serving	301	0	382	2.01	1.81	60.2	75	0.0	6.02	43.17	13.05	3.01
SAUSAGE PATTY, PORK	1 EACH	70	25	260	0.00	0.36	20.0	0	0.0	7.0	0.0	5.0	1.50
Vegetables, Mixed	4oz. scoop	37	0	30	1.50	0.27	0.0	938	2.7	0.75	8.25	0.0	0.00
PEACHES DICED CND	1/2 CUP	50	0	10	0.00	0.00	0.0	300	1.2	0.0	11.99	0.0	0.00
Sub, Ham & Cheese Elementary	1 each	267	42	751	4.00	1.79	169.2	448	0.39	16.87	28.82	11.92	6.46
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD FT CAESAR: Clarke	1 salad	144	54	307	1.21	1.19	87.5	5096	2.31	19.14	6.9	5.34	2.02
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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Breakfast - 6-8 OFFER VS S	Total												
SAND BK Muffin Sausage Cheese	1 sandwich	227	41	430	3.00	2.24	360.3	119	0.0	13.49	23.58	8.83	3.22
FRENCH TOAST MINI ORIGINAL	1 package	210	0	240	4.00	2.70	99.9	499	0.0	4.0	36.96	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		460	31	612	5.32	*2.46	*440.1	*2885	25.48	20.47	68.81	11.83	3.65
% of Calories										17.8%	59.8%	23.1%	7.1%
Nutrient Guideline		503-627		991									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 05/31/2017													
Lunch-6 thru 8 -OFFER VS	Total												
CHICKEN POPCORN BOWL, Clarke	1 bowl	552	22	1208	4.62	2.39	72.8	1155	10.43	17.8	57.54	27.69	8.82
POTATO MASHED:instant	#8 scoop	90	0	96	1.63	0.29	19.1	4	7.32	1.63	17.09	1.22	0.81
CORN:from frozen	1/2 cup	85	0	0	1.70	0.31	0.0	85	5.1	2.55	16.16	0.85	0.00
FRUIT COCKTAIL CND	1/2 CUP	80	0	10	2.00	0.00	0.0	200	1.2	0.0	19.0	0.0	0.00
Sub, Ham & Cheese Elementary	1 each	267	42	751	4.00	1.79	169.2	448	0.39	16.87	28.82	11.92	6.46
Sandwich - PB & Jelly	1 each	478	0	437	8.59	2.43	31.0	*0	0.0	16.34	58.27	25.08	3.10
PIZZA BIG DADDY CHEESE	1/8th slice	340	35	670	4.00	1.80	350.0	400	0.0	18.0	36.0	15.0	7.00
PIZZA BIG DADDY PEPPERONI	1/8th slice	366	40	756	4.00	1.83	350.0	400	0.0	19.04	36.1	17.28	7.85
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD FT CAESAR: Clarke	1 salad	144	54	307	1.21	1.19	87.5	5096	2.31	19.14	6.9	5.34	2.02
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - 6-8 OFFER VS S	Total												
Cinnamon Bun WG	1 each	236	5	140	3.09	1.01	20.4	450	0.38	5.0	50.5	1.0	0.50
Parfait, Blueberry/Strawberry	1 each	243	2	109	3.03	0.72	115.2	533	27.36	5.29	50.52	3.4	0.78
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		534	29	715	6.71	*2.40	*424.5	*2923	31.01	21.70	80.80	13.64	4.48
% of Calories										16.3%	60.6%	23.0%	7.6%
Nutrient Guideline		503-627		991									<10.00

Weighted Average		485	*35	716	*6.51	*2.59	*457.4	*2869	*29.07	*22.38 *18.5%	71.99 59.4%	12.09 22.4%	3.85 7.2%
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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-6 thru 8 -OFFER VS SERVE/Breakfast - 6-8 OFFER VS SERVE

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Error Messages (if any)
Calories	485		503 - 627	96%			18								Correction Required - Calories are Low
Cholesterol (mg)	35				Missing										
Sodium (mg)	716		991												
Fiber (g)	6.51				Missing										
Iron (mg)	2.59				Missing										
Calcium (mg)	457.4				Missing										
Vitamin A (IU)	2869				Missing										
Vitamin C (mg)	29.07				Missing										
Protein (g)	22.38	18.48%			Missing										
Carbohydrate (g)	71.99	59.42%													
Total Fat (g)	12.09	22.45%													
Saturated Fat (g)	3.85	7.15%	<10.00%												

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