

Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 05/01/2017													
Lunch-K thru 5 OFFER VS	Total												
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
Salad - Chef Salad Clarke	1 Each	157	46	406	*0.92	1.09	236.8	5634	8.17	*12.69	3.94	10.35	5.39
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND COLD HAM Clarke	1 EACH	300	61	847	6.00	2.31	520.6	*239	0.78	20.79	31.81	12.6	5.43
BEANS GREEN	1/2 CUP	22	0	0	1.50	0.27	45.0	75	2.7	0.75	3.75	0.0	0.00
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Breakfast - K-5 OFFER VS													
Sand Bkfst WG Chicken Biscuit	1 each	311	15	712	3.01	1.81	100.0	0	0.0	12.06	34.05	14.54	6.01
PANCAKES MINI BLUEBERRY	1 package	210	10	310	4.00	2.70	59.9	499	0.0	4.0	34.96	5.99	1.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		439	41	701	*6.35	*2.77	*484.3	*3372	19.26	*23.98	58.57	12.34	4.91
% of Calories										*21.9%	53.4%	25.3%	10.1%
Nutrient Guideline		480-598		989									<10.00

Tue - 05/02/2017													
	Total												
Lunch-K thru 5 OFFER VS	12 pieces												
CHICKEN POPCORN BITES-Tyson	1 Each	241	24	366	2.89	1.74	*N/A*	96	0.0	14.46	15.43	14.46	2.41
Salad - Chef Salad Clarke	1 each	157	46	406	*0.92	1.09	236.8	5634	8.17	*12.69	3.94	10.35	5.39
Cookie, Carnival	1 EACH	160	10	120	2.00	2.70	0.0	500	0.0	2.0	26.0	5.0	1.50
SAND COLD HAM Clarke	#8 scoop	300	61	847	6.00	2.31	520.6	*239	0.78	20.79	31.81	12.6	5.43
POTATO MASHED:instant	1 each	90	0	96	1.63	0.29	19.1	4	7.32	1.63	17.09	1.22	0.81
Sandwich - PB & Jelly + Mozz	1 EACH	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1/2 cup	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	HALF PINT	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - K-5 OFFER VS	Total												
SAND BK Muffin Sausage Cheese	1 sandwich	227	41	430	3.00	2.24	360.3	119	0.0	13.49	23.58	8.83	3.22
FRENCH TOAST MINI ORIGINAL	1 package	210	0	240	4.00	2.70	99.9	499	0.0	4.0	36.96	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		427	36	597	*5.84	*2.41	*434.8	*3356	21.05	*21.43	56.97	13.28	3.85
% of Calories										*20.1%	53.4%	28.0%	8.1%
Nutrient Guideline		480-598		989									<10.00

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Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 05/03/2017													
Lunch-K thru 5 OFFER VS	Total												
CORN DOG	1 corn dog	240	40	390	5.00	1.80	80.0	0	0.0	9.0	30.0	8.0	2.50
Soft Pretzel w/Yogurt & Cheese	1 each	360	20	350	1.00	1.80	300.4	702	0.0	16.01	59.07	7.5	4.00
Salad - Chef Salad Clarke	1 Each	157	46	406	*0.92	1.09	236.8	5634	8.17	*12.69	3.94	10.35	5.39
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND COLD HAM Clarke	1 EACH	300	61	847	6.00	2.31	520.6	*239	0.78	20.79	31.81	12.6	5.43
BROCCOLI TREES:blanched	1/2 cup	15	0	15	1.14	0.32	20.9	274	39.25	1.24	2.92	0.16	0.02
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Breakfast - K-5 OFFER VS													
Cinnamon Bun WG	1 each	236	5	140	3.09	1.01	20.4	450	0.38	5.0	50.5	1.0	0.50
Parfait, Blueberry/Strawberry	1 each	243	2	109	3.03	0.72	115.2	533	27.36	5.29	50.52	3.4	0.78
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		418	38	554	*6.00	*2.21	*492.6	*3511	34.50	*20.03	64.00	9.50	3.62
% of Calories										*19.2%	61.2%	20.5%	7.8%
Nutrient Guideline		480-598		989									<10.00

Thu - 05/04/2017													
Lunch-K thru 5 OFFER VS	Total												
HOT DOG ORIGINAL:Clarke	1 hot dog	260	34	850	4.00	2.16	80.0	0	0.0	14.0	27.0	11.5	3.50
Salad - Chef Salad Clarke	1 Each	157	46	406	*0.92	1.09	236.8	5634	8.17	*12.69	3.94	10.35	5.39
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND COLD HAM Clarke	1 EACH	300	61	847	6.00	2.31	520.6	*239	0.78	20.79	31.81	12.6	5.43
BEANS BAKED:heated from can	1/2 cup	138	0	585	5.32	1.91	42.5	53	0.0	7.44	30.83	0.0	0.00
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - K-5 OFFER VS	Total												
PIZZA BRKFST SAUSAGE WG:K12	1 slice	210	15	480	2.00	1.80	100.0	200	0.0	9.0	26.0	8.0	2.00
WAFFLES MINI MAPLE	1 package	200	0	220	3.99	2.69	99.8	499	0.0	3.99	34.93	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
Hash Brown	1 each	130	*N/A*	240	2.00	0.00	0.0	0	2.4	1.0	15.0	7.0	0.50
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		488	*39	1061	*8.37	*3.13	*472.1	*3320	18.77	*23.97	71.69	13.13	4.03
% of Calories										*19.7%	58.8%	24.2%	7.4%
Nutrient Guideline		480-598		989									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 05/08/2017													
Lunch-K thru 5 OFFER VS	Total												
PIZZA SMART PEPPERONI:K8	1 slice	333	22	691	4.00	2.74	300.0	401	0.0	16.34	37.12	13.92	5.09
SALAD FT CAESAR: Clarke	1 salad	144	54	307	1.21	1.19	87.5	5096	2.31	19.14	6.9	5.34	2.02
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND SUB TUNA Clarke K-8	1 sub	251	23	601	4.12	1.83	22.5	24	0.53	17.58	30.65	8.14	0.83
CAULIFLOWER:blanched	1/2 cup	17	0	20	1.34	0.28	15.0	0	32.36	1.29	3.34	0.19	0.04
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Breakfast - K-5 OFFER VS													
Sand Bkfst WG Chicken Biscuit	1 each	311	15	712	3.01	1.81	100.0	0	0.0	12.06	34.05	14.54	6.01
PANCAKES MINI BLUEBERRY	1 package	210	10	310	4.00	2.70	59.9	499	0.0	4.0	34.96	5.99	1.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		434	28	679	6.02	*2.65	*466.1	*3385	30.35	22.27	61.51	11.78	3.82
% of Calories										20.5%	56.7%	24.4%	7.9%
Nutrient Guideline		480-598		989									<10.00

Tue - 05/09/2017													
Lunch-K thru 5 OFFER VS	Total												
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD FT CAESAR: Clarke	1 salad	144	54	307	1.21	1.19	87.5	5096	2.31	19.14	6.9	5.34	2.02
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND SUB TUNA Clarke K-8	1 sub	251	23	601	4.12	1.83	22.5	24	0.53	17.58	30.65	8.14	0.83
Potatoes, French Fries Seasoned	1/2 cup	96	0	38	1.71	0.68	15.2	9	8.68	2.17	19.88	1.7	0.43
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - K-5 OFFER VS	Total												
SAND BK Muffin Sausage Cheese	1 sandwich	227	41	430	3.00	2.24	360.3	119	0.0	13.49	23.58	8.83	3.22
FRENCH TOAST MINI ORIGINAL	1 package	210	0	240	4.00	2.70	99.9	499	0.0	4.0	36.96	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		479	31	670	7.48	*3.05	*373.8	*3219	21.18	24.34	69.80	12.44	2.77
% of Calories										20.3%	58.3%	23.4%	5.2%
Nutrient Guideline		480-598		989									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 05/10/2017													
Lunch-K thru 5 OFFER VS	Total												
TACO TURKEY Soft: K-8	1 each	383	84	586	2.00	2.86	239.5	160	0.0	25.27	27.95	20.35	6.46
SALAD FT CAESAR: Clarke	1 salad	144	54	307	1.21	1.19	87.5	5096	2.31	19.14	6.9	5.34	2.02
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND SUB TUNA Clarke K-8	1 sub	251	23	601	4.12	1.83	22.5	24	0.53	17.58	30.65	8.14	0.83
BEANS REFRIED PINTO:veg	1/2 cup	132	0	465	7.55	1.70	40.3	0	1.13	7.55	21.7	1.42	0.00
CORN:from frozen	1/2 cup	85	0	0	1.70	0.31	0.0	85	5.1	2.55	16.16	0.85	0.00
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Breakfast - K-5 OFFER VS													
Cinnamon Bun WG	1 each	236	5	140	3.09	1.01	20.4	450	0.38	5.0	50.5	1.0	0.50
Parfait, Blueberry/Strawberry	1 each	243	2	109	3.03	0.72	115.2	533	27.36	5.29	50.52	3.4	0.78
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		481	55	668	6.03	*2.79	*439.3	*3312	19.85	26.99	63.35	14.23	4.18
% of Calories										22.5%	52.7%	26.6%	7.8%
Nutrient Guideline		480-598		989									<10.00

Thu - 05/11/2017													
Lunch-K thru 5 OFFER VS	Total												
Hot Dog Cheesy	1 each	297	36	1028	4.00	2.16	89.1	0	0.0	14.0	29.29	14.24	3.96
Sand Hot Pizza Burger	1 Each	324	33	603	4.68	3.12	144.5	168	1.36	22.45	33.22	11.5	4.75
SALAD FT CAESAR: Clarke	1 salad	144	54	307	1.21	1.19	87.5	5096	2.31	19.14	6.9	5.34	2.02
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND SUB TUNA Clarke K-8	1 sub	251	23	601	4.12	1.83	22.5	24	0.53	17.58	30.65	8.14	0.83
CARROTS:oven	1/2 cup	10	0	22	0.82	0.26	9.1	3909	0.75	0.18	2.31	0.03	0.01
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - K-5 OFFER VS	Total												
PIZZA BRKFST SAUSAGE WG:K12	1 slice	210	15	480	2.00	1.80	100.0	200	0.0	9.0	26.0	8.0	2.00
WAFFLES MINI MAPLE	1 package	200	0	220	3.99	2.69	99.8	499	0.0	3.99	34.93	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
Hash Brown	1 each	130	*N/A*	240	2.00	0.00	0.0	0	2.4	1.0	15.0	7.0	0.50
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		450	*34	810	6.46	*2.57	*385.2	*4773	18.87	22.37	62.24	12.90	3.44
% of Calories										19.9%	55.4%	25.8%	6.9%
Nutrient Guideline		480-598		989									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 05/12/2017													
Lunch-K thru 5 OFFER VS	Total												
Chicken Sticks, Tyson	1 each	200	70	400	0.00	1.80	20.0	100	0.0	15.0	10.0	11.0	2.50
SALAD FT CAESAR: Clarke	1 salad	144	54	307	1.21	1.19	87.5	5096	2.31	19.14	6.9	5.34	2.02
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND SUB TUNA Clarke K-8	1 sub	251	23	601	4.12	1.83	22.5	24	0.53	17.58	30.65	8.14	0.83
SALAD SIDE SPINACH CUP	1 Cup	8	0	25	*0.72	0.82	30.4	3138	8.69	*0.87	1.3	0.12	0.02
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Breakfast - K-5 OFFER VS													
Pancakes & Sausage on Stick	1 each	240	25	360	2.00	1.44	20.0	0	0.0	7.0	18.0	15.0	4.50
DONUT W/GLAZE	donut	332	0	300	2.81	0.70	14.0	73	0.0	5.0	42.76	16.0	7.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		379	49	547	*4.07	*2.39	*348.4	*4468	21.18	*21.49	49.37	11.02	2.88
% of Calories										*22.7%	52.2%	26.2%	6.8%
Nutrient Guideline		480-598		989									<10.00

Mon - 05/15/2017													
	Total												
Lunch-K thru 5 OFFER VS	6 PCS. EAC	275	41	417	5.09	1.83	152.6	0	0.0	10.18	30.53	12.21	3.56
CORN DOG CHICKEN MINI	1 salad	145	41	246	1.71	0.99	124.0	746	5.91	9.97	6.78	8.62	3.43
SALAD FT CRISPY CHICKEN:Clarke	breadstick	80	0	100	2.00	0.37	6.5	0	0.0	3.0	15.0	1.0	0.00
BREAD, BREADSTICK	1 each	350	61	1115	4.00	1.90	179.2	448	0.31	22.89	29.15	17.83	8.36
Sub, Italian K-8	1/2 cup	138	0	585	5.32	1.91	42.5	53	0.0	7.44	30.83	0.0	0.00
BEANS BAKED:heated from can	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
Sandwich - PB & Jelly + Mozz	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
APPLE WHOLE:163ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
BANANAS:150ct	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
ORANGE FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
CARROTS BABY FRESH	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK CHOCOLATE NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - K-5 OFFER VS	Total												
Sand Bkfst WG Chicken Biscuit	1 each	311	15	712	3.01	1.81	100.0	0	0.0	12.06	34.05	14.54	6.01
PANCAKES MINI BLUEBERRY	1 package	210	10	310	4.00	2.70	59.9	499	0.0	4.0	34.96	5.99	1.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		465	42	853	7.96	*2.85	*438.9	*3027	18.00	21.99	68.26	12.55	4.36
% of Calories										18.9%	58.7%	24.3%	8.4%
Nutrient Guideline		480-598		989									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 05/16/2017													
Lunch-K thru 5 OFFER VS	Total												
PIZZA SMART CHEESE:K8	1 slice	300	15	580	4.00	2.70	300.0	400	0.0	15.0	37.0	11.0	4.00
SALAD FT CRISPY CHICKEN:Clarke	1 salad	145	41	246	1.71	0.99	124.0	746	5.91	9.97	6.78	8.62	3.43
BREAD, BREADSTICK	breadstick	80	0	100	2.00	0.37	6.5	0	0.0	3.0	15.0	1.0	0.00
Sub, Italian K-8	1 each	350	61	1115	4.00	1.90	179.2	448	0.31	22.89	29.15	17.83	8.36
BROCCOLI TREES:blanched	1/2 cup	15	0	15	1.14	0.32	20.9	274	39.25	1.24	2.92	0.16	0.02
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Breakfast - K-5 OFFER VS													
SAND BK Muffin Sausage Cheese	1 sandwich	227	41	430	3.00	2.24	360.3	119	0.0	13.49	23.58	8.83	3.22
FRENCH TOAST MINI ORIGINAL	1 package	210	0	240	4.00	2.70	99.9	499	0.0	4.0	36.96	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		425	31	689	5.87	*2.63	*506.2	*3291	33.21	21.74	59.93	11.83	4.47
% of Calories										20.4%	56.4%	25.0%	9.5%
Nutrient Guideline		480-598		989									<10.00

Wed - 05/17/2017													
	Total												
Lunch-K thru 5 OFFER VS													
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD FT CRISPY CHICKEN:Clarke	1 salad	145	41	246	1.71	0.99	124.0	746	5.91	9.97	6.78	8.62	3.43
BREAD, BREADSTICK	breadstick	80	0	100	2.00	0.37	6.5	0	0.0	3.0	15.0	1.0	0.00
Sub, Italian K-8	1 each	350	61	1115	4.00	1.90	179.2	448	0.31	22.89	29.15	17.83	8.36
CARROTS GLAZED Clarke	1/2 cup	42	0	240	2.05	0.40	22.3	7009	1.21	1.03	8.75	0.01	0.00
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - K-5 OFFER VS	Total												
Cinnamon Bun WG	1 each	236	5	140	3.09	1.01	20.4	450	0.38	5.0	50.5	1.0	0.50
Parfait, Blueberry/Strawberry	1 each	243	2	109	3.03	0.72	115.2	533	27.36	5.29	50.52	3.4	0.78
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	6.01	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		469	34	806	7.51	*2.78	*390.2	*5742	19.54	23.63	66.01	13.00	3.70
% of Calories										20.2%	56.3%	24.9%	7.1%
Nutrient Guideline		480-598		989									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 05/18/2017													
Lunch-K thru 5 OFFER VS	Total												
FRENCH TOAST STICKS Clarke	5 pc. serving	301	0	382	2.01	1.81	60.2	75	0.0	6.02	43.17	13.05	3.01
SAUSAGE PATTY, PORK	1 EACH	70	25	260	0.00	0.36	20.0	0	0.0	7.0	0.0	5.0	1.50
SALAD FT CRISPY CHICKEN:Clarke	1 salad	145	41	246	1.71	0.99	124.0	746	5.91	9.97	6.78	8.62	3.43
BREAD, BREADSTICK	breadstick	80	0	100	2.00	0.37	6.5	0	0.0	3.0	15.0	1.0	0.00
Sub, Italian K-8	1 each	350	61	1115	4.00	1.90	179.2	448	0.31	22.89	29.15	17.83	8.36
POTATO TATER TOTS	1/2 cup	130	0	310	2.00	0.00	0.0	0	3.6	2.0	16.0	6.0	1.00
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Breakfast - K-5 OFFER VS													
PIZZA BRKFST SAUSAGE WG:K12	1 slice	210	15	480	2.00	1.80	100.0	200	0.0	9.0	26.0	8.0	2.00
WAFFLES MINI MAPLE	1 package	200	0	220	3.99	2.69	99.8	499	0.0	3.99	34.93	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
Hash Brown	1 each	130	*N/A*	240	2.00	0.00	0.0	0	2.4	1.0	15.0	7.0	0.50
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		525	*31	861	5.88	*2.25	*392.9	*3061	19.95	20.48	71.93	18.26	4.98
% of Calories										15.6%	54.8%	31.3%	8.5%
Nutrient Guideline		480-598		989									<10.00

Fri - 05/19/2017													
	Total												
Lunch-K thru 5 OFFER VS	5 nuggets	250	55	540	2.00	2.70	20.0	100	1.2	16.0	18.0	13.0	2.50
CHICKEN NUGGETS (5)	1 salad	145	41	246	1.71	0.99	124.0	746	5.91	9.97	6.78	8.62	3.43
SALAD FT CRISPY CHICKEN:Clarke	1 each	350	61	1115	4.00	1.90	179.2	448	0.31	22.89	29.15	17.83	8.36
Sub, Italian K-8	1 each	160	0	120	0.00	2.00	0.0	300	0.0	2.0	30.0	4.0	1.00
Rice Krispy Treat	1/2 cup	138	0	585	5.32	1.91	42.5	53	0.0	7.44	30.83	0.0	0.00
BEANS BAKED:heated from can	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
Sandwich - PB & Jelly + Mozz	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
APPLE WHOLE:163ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
BANANAS:150ct	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
ORANGE FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
CARROTS BABY FRESH	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK CHOCOLATE NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - K-5 OFFER VS	Total												
Pancakes & Sausage on Stick	1 each	240	25	360	2.00	1.44	20.0	0	0.0	7.0	18.0	15.0	4.50
DONUT W/GLAZE	donut	332	0	300	2.81	0.70	14.0	73	0.0	5.0	42.76	16.0	7.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		555	48	967	6.52	*4.39	*378.9	*3254	18.52	25.53	80.92	15.85	4.72
% of Calories										18.4%	58.3%	25.7%	7.6%
Nutrient Guideline		480-598		989									<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 05/22/2017													
Lunch-K thru 5 OFFER VS	Total												
SAND HOT BBQ CHICKEN Clarke	Sandwich	248	52	737	4.00	2.93	20.0	107	0.0	24.27	33.4	3.82	0.66
SALAD FT Garden, with Cheese	1 salad	208	40	415	1.37	0.83	433.7	6131	12.02	15.37	4.5	15.19	8.53
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND COLD TURKEY Clarke	1 EACH	274	38	837	6.00	1.60	520.6	*239	0.0	18.98	31.96	10.05	4.45
BROCCOLI TREES:blanched	1/2 cup	15	0	15	1.14	0.32	20.9	274	39.25	1.24	2.92	0.16	0.02
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Breakfast - K-5 OFFER VS													
Sand Bkfst WG Chicken Biscuit	1 each	311	15	712	3.01	1.81	100.0	0	0.0	12.06	34.05	14.54	6.01
PANCAKES MINI BLUEBERRY	1 package	210	10	310	4.00	2.70	59.9	499	0.0	4.0	34.96	5.99	1.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		404	43	740	6.24	*2.69	*445.5	*3461	33.54	25.68	59.79	8.30	2.85
% of Calories										25.4%	59.2%	18.5%	6.4%
Nutrient Guideline		480-598		989									<10.00

Tue - 05/23/2017													
	Total												
Lunch-K thru 5 OFFER VS	1 hot dog	260	34	850	4.00	2.16	80.0	0	0.0	14.0	27.0	11.5	3.50
HOT DOG ORIGINAL:Clarke	Sand Hot Sloppy Joe	352	61	1207	8.48	*1.44	*20.0	*0	*0.0	22.7	39.67	13.13	5.57
SAND COLD TURKEY Clarke	1 EACH	274	38	837	6.00	1.60	520.6	*239	0.0	18.98	31.96	10.05	4.45
BEANS GREEN	1/2 CUP	22	0	0	1.50	0.27	45.0	75	2.7	0.75	3.75	0.0	0.00
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - K-5 OFFER VS	Total												
SAND BK Muffin Sausage Cheese	1 sandwich	227	41	430	3.00	2.24	360.3	119	0.0	13.49	23.58	8.83	3.22
FRENCH TOAST MINI ORIGINAL	1 package	210	0	240	4.00	2.70	99.9	499	0.0	4.0	36.96	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		399	38	791	6.78	*2.13	*455.5	*2962	*18.63	21.05	56.96	10.43	3.75
% of Calories										21.1%	57.0%	23.5%	8.4%
Nutrient Guideline		480-598		989									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 05/24/2017													
Lunch-K thru 5 OFFER VS	Total												
SAND Cheeseburger Clarke	1 burger	321	38	658	4.00	2.88	115.9	152	0.0	20.53	30.0	13.06	5.53
SALAD FT Garden, with Cheese	1 salad	208	40	415	1.37	0.83	433.7	6131	12.02	15.37	4.5	15.19	8.53
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND COLD TURKEY Clarke	1 EACH	274	38	837	6.00	1.60	520.6	*239	0.0	18.98	31.96	10.05	4.45
POTATO BAKER FRESH:baked	1 small potat	157	0	27	4.08	0.88	15.3	14	33.49	2.86	26.71	4.84	0.37
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Breakfast - K-5 OFFER VS													
Cinnamon Bun WG	1 each	236	5	140	3.09	1.01	20.4	450	0.38	5.0	50.5	1.0	0.50
Parfait, Blueberry/Strawberry	1 each	243	2	109	3.03	0.72	115.2	533	27.36	5.29	50.52	3.4	0.78
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		489	36	681	7.35	*2.78	*484.0	*3398	32.39	24.46	68.77	13.49	4.88
% of Calories										20.0%	56.3%	24.8%	9.0%
Nutrient Guideline		480-598		989									<10.00

Thu - 05/25/2017													
Lunch-K thru 5 OFFER VS	Total												
PIZZA FRENCH BREAD WG CHEESE	1 slice	290	20	600	3.00	2.70	250.0	750	3.6	17.0	33.0	11.0	4.50
SALAD FT Garden, with Cheese	1 salad	208	40	415	1.37	0.83	433.7	6131	12.02	15.37	4.5	15.19	8.53
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND COLD TURKEY Clarke	1 EACH	274	38	837	6.00	1.60	520.6	*239	0.0	18.98	31.96	10.05	4.45
Pepper, Sweet Bell Peppers	1 each	12	0	2	1.05	0.21	6.2	228	49.46	0.53	2.85	0.1	0.04
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - K-5 OFFER VS	Total												
PIZZA BRKFST SAUSAGE WG:K12	1 slice	210	15	480	2.00	1.80	100.0	200	0.0	9.0	26.0	8.0	2.00
WAFFLES MINI MAPLE	1 package	200	0	220	3.99	2.69	99.8	499	0.0	3.99	34.93	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
Hash Brown	1 each	130	*N/A*	240	2.00	0.00	0.0	0	2.4	1.0	15.0	7.0	0.50
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		451	*29	726	6.31	*2.58	*544.0	*3744	39.62	22.48	63.51	12.86	4.53
% of Calories										19.9%	56.3%	25.7%	9.0%
Nutrient Guideline		480-598		989									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 05/26/2017													
Lunch-K thru 5 OFFER VS	Total												
SAND HOT CHICKEN PATTY Tyson	1 each	373	25	686	7.04	3.27	60.6	0	0.0	20.19	42.21	14.68	2.53
SALAD FT Garden, with Cheese	1 salad	208	40	415	1.37	0.83	433.7	6131	12.02	15.37	4.5	15.19	8.53
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SAND COLD TURKEY Clarke	1 EACH	274	38	837	6.00	1.60	520.6	*239	0.0	18.98	31.96	10.05	4.45
BEANS BAKED:heated from can	1/2 cup	138	0	585	5.32	1.91	42.5	53	0.0	7.44	30.83	0.0	0.00
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Breakfast - K-5 OFFER VS													
Pancakes & Sausage on Stick	1 each	240	25	360	2.00	1.44	20.0	0	0.0	7.0	18.0	15.0	4.50
DONUT W/GLAZE	donut	332	0	300	2.81	0.70	14.0	73	0.0	5.0	42.76	16.0	7.00
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		512	31	932	9.21	*3.39	*469.4	*3326	18.33	26.27	74.85	13.48	3.85
% of Calories										20.5%	58.5%	23.7%	6.8%
Nutrient Guideline		480-598		989									<10.00

Tue - 05/30/2017													
	Total												
Lunch-K thru 5 OFFER VS													
NACHOS, Taco Nachos Clarke	1 each	536	82	1079	6.05	2.15	180.0	350	0.0	25.32	48.92	28.5	7.49
SALAD ENT SPINACH:Clarke	1 salad	174	36	416	2.17	2.11	518.1	9015	23.69	16.08	6.05	9.35	5.78
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SUB CHICKEN SALAD: Elementary	1 sub	301	47	520	4.29	2.20	26.9	208	1.34	22.75	31.2	10.82	1.58
BEANS BLACK Mexican	1/2 cup	90	0	198	4.69	1.28	44.2	46	0.0	4.98	17.63	0.36	0.00
CORN:from frozen	1/2 cup	85	0	0	1.70	0.31	0.0	85	5.1	2.55	16.16	0.85	0.00
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Breakfast - K-5 OFFER VS	Total												
SAND BK Muffin Sausage Cheese	1 sandwich	227	41	430	3.00	2.24	360.3	119	0.0	13.49	23.58	8.83	3.22
FRENCH TOAST MINI ORIGINAL	1 package	210	0	240	4.00	2.70	99.9	499	0.0	4.0	36.96	4.99	1.50
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Weighted Daily Average		556	58	851	7.60	*2.68	*454.0	*3666	20.45	27.70	71.54	18.69	5.10
% of Calories										19.9%	51.5%	30.3%	8.3%
Nutrient Guideline		480-598		989									<10.00

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

Page 31

Generated on: 4/27/2017 8:42:16 AM

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 05/31/2017													
Lunch-K thru 5 OFFER VS	Total												
CHICKEN POPCORN BITES-Tyson	12 pieces	241	24	366	2.89	1.74	*N/A*	96	0.0	14.46	15.43	14.46	2.41
SALAD ENT SPINACH:Clarke	1 salad	174	36	416	2.17	2.11	518.1	9015	23.69	16.08	6.05	9.35	5.78
Roll - 2 oz.	1 each	169	0	135	3.39	0.85	12.7	0	0.01	6.98	27.92	2.99	0.50
SUB CHICKEN SALAD: Elementary	1 sub	301	47	520	4.29	2.20	26.9	208	1.34	22.75	31.2	10.82	1.58
CUCUMBER SLICES	1/2 cup	10	0	1	0.34	0.19	10.9	71	1.9	0.44	2.47	0.07	0.03
Sandwich - PB & Jelly + Mozz	1 each	416	15	591	8.17	2.22	221.7	*200	0.0	20.61	39.79	24.31	6.22
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
BANANAS:150ct	1 EACH	0	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
ORANGE FRESH	1 EACH	45	0	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50
Breakfast - K-5 OFFER VS													
Cinnamon Bun WG	1 each	236	5	140	3.09	1.01	20.4	450	0.38	5.0	50.5	1.0	0.50
Parfait, Blueberry/Strawberry	1 each	243	2	109	3.03	0.72	115.2	533	27.36	5.29	50.52	3.4	0.78
BKFST OATMEAL CHOC BAR	1 each	290	20	240	3.00	1.80	20.0	110	0.0	5.0	47.0	9.0	3.00
Muffin w/Yogurt (Blueberry)	1 each	290	50	180	2.00	1.08	120.4	602	0.0	6.01	50.07	6.5	2.50
Muffin w/Yogurt (Chocolate)	1 each	290	50	180	2.00	1.44	140.4	602	0.0	7.01	52.07	6.5	2.50
CEREAL COLD VARIETY	1 bowl	101	0	149	1.85	5.29	79.0	495	8.84	1.85	21.82	1.26	0.17
TOAST BUTTERY	1 toast	89	0	161	2.00	0.72	20.0	94	0.0	3.0	14.0	3.07	0.94
GRAHAM CRACKERS CLARKE	1 EACH	90	0	130	3.00	0.72	100.0	500	0.0	2.0	18.0	2.5	0.00
JUICE APPLE SUN CUP	1 each	50	0	10	0.00	0.00	0.0	0	1.2	0.0	13.0	0.0	0.00
JUICE GRAPE SUN CUP	1 each	60	0	0	0.00	0.72	10.0	0	60.0	1.0	16.0	0.0	0.00
JUICE ORANGE SUN CUP	4 Oz. Cup	60	0	0	0.00	0.00	*N/A*	0	42.0	0.0	13.0	0.0	0.00
APPLE WHOLE:163ct	1 EACH	57	0	1	2.65	0.13	6.6	60	5.09	0.29	15.27	0.19	0.03
ORANGE WHOLE:138ct	1 EACH	63	0	0	3.20	0.13	53.3	300	70.89	1.25	15.66	0.16	0.03
CARROTS BABY FRESH	1/2 cup	25	0	55	2.05	0.64	22.5	9772	1.88	0.45	5.78	0.09	0.01
MILK CHOCOLATE NONFAT	HALF PINT	120	5	180	0.00	0.00	300.0	500	1.2	8.0	20.0	0.0	0.00
MILK STRAWBERRY NONFAT	HALF PINT	130	5	125	0.00	*N/A*	300.0	500	1.2	8.0	23.0	0.0	0.00
MILK WHITE SKIM	HALF PINT	90	5	130	0.00	0.00	300.0	500	2.4	8.0	13.0	0.0	0.00
MILK WHITE 1%	HALF PINT	110	10	130	0.00	0.00	300.0	500	2.4	8.0	13.0	2.5	1.50

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Clarke County Public Schools

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Combined: Lunch-K thru 5 OFFER VS SERVE/Breakfast - K-5 OFFER VS SERVE

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average		397	31	495	5.12	*2.14	*358.2	*3554	20.63	21.42	52.46	12.00	2.77
% of Calories										21.6%	52.9%	27.2%	6.3%
Nutrient Guideline		480-598		989									<10.00

Weighted Average		459	*38	747	*6.62	*2.73	*438.8	*3581	*23.71	*23.30	64.40	12.92	3.97
										*20.3%	56.1%	25.3%	7.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	459		480 - 598	96%		21		Correction Required - Calories are Low
Cholesterol (mg)	38				Missing			
Sodium (mg)	747		989					
Fiber (g)	6.62				Missing			
Iron (mg)	2.73				Missing			
Calcium (mg)	438.8				Missing			
Vitamin A (IU)	3581				Missing			
Vitamin C (mg)	23.71				Missing			
Protein (g)	23.30	20.30%			Missing			
Carbohydrate (g)	64.40	56.12%						
Total Fat (g)	12.92	25.33%						
Saturated Fat (g)	3.97	7.79%	<10.00%					

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